THE RISKS OF SUBSTANCE **MISUSE AMONGST** THE UK'S Foster Children

The purpose of this infographic is to raise awareness about the prevalence of addiction and drug and alcohol use among foster children and young adults in the UK. These young people have a significantly increased risk of substance use and mental disorder compared to their peers.

> **Prevalence Rates of Addiction** and Drug and Alcohol Use Among Foster Children and Young Adults in the UK

> > **59%**

Foster children are **four times** more likely to misuse drugs or alcohol than their peers^[2]

Almost seven in ten foster carers (69%) feel they have not received adequate training or support to deal with substance misuse issues in the children and young people they care for^[3]

Researchers

34% OF **FOSTER CHILDREN**

have experienced drug and alcohol misuse in their birth families^[2]

interviewed 68 drug dealers in four neighbourhoods in England and found that

over half of them had lived in local authority care or secure accommodation^[4]



Factors Contributing to Addiction and Drug and Alcohol Use in Foster Children and Young Adults



To rebel against the 'authority' that has taken them away from their parents^[6]

Because they may have easy access to to illicit substances

Because drugs help them to forget the difficulties that led to them being placed in public care (Trauma and abuse history)

Because drugs can help them to relax, sleep, and normalise their feelings caused by the situation they are in (Mental health issues)^[7]

Because drugs can help relieve the stress associated with constantly moving and no sense of belonging -Multiple fostering or residential placements





Lack of stability and support



Learning disability

Failure at School and disrupted education

Signs of Addiction and **Drug and Alcohol Use** in Foster Children and **Young Adults**

Consequences of Addiction and Drug and Alcohol Use in Foster Children and **Young Adults**



How to Support a Foster Child You Suspect is **Úsing Drugs or Alcohol**



Sources of Further Support & Help



References

- [1] https://business.senedd.wales/documents/s35716/ASM%2004%20The%20Fostering%20Network.ht ml?CT=2
- [2] https://sp.ukdataservice.ac.uk/doc/5280/mrdoc/pdf/5280userguide.pdf
- [3] https://www.thefosteringnetwork.org.uk/policy-practice/research/state-nations-foster-care-2019
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